

## **REACH Leadership STEAM Academy Local School Wellness Policies Assessment**

**1/10/22**

### **Who made assessment?**

**Virgie Rentie, EdD, Founder and Executive Director**  
**Johanna Calmes, Director of Business Operations**

#### **Student Wellness**

- All student wellness policies remain the same. REACH continues to move towards goals. REACH is still committed to providing school environments that promote and protect children's health, well-being, and ability to learn by supporting healthy eating and physical activity. We are committed to providing the optimal development for every student. REACH believes that we need to create a safe and safe health environment and promote health at every level throughout the school year

#### **School Meals**

- School meal policies remain the same. Note: all school meals are free this year. REACH continues to be committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk; moderate in sodium, low in saturated fat, and zero grams trans-fat per serving (nutrition label or manufacturer's specification); and to meet the nutrition needs of school children within their calorie requirements.
- Our vendor is Preferred Meals and they are compliant in every area.

#### **Staff Policies & Other**

- All staff have continued their training and are compliant with staff policies. REACH continues to meet or exceed hiring and annual continuing education requirements in the Professional Standards - USDA Food and Nutrition Service.
- **Cristina Hernandez** is our new nutrition services manager and she is certified in Food Safety.

### **Other Food Available at School**

Other food policies remain the same. REACH continues to attain a goal; foods and beverages sold outside of the school meal programs (i.e., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum.

### **Nutrition and Physical Activity Promotion and Food Marketing**

All nutrition and physical activity policies remain the same. All goals are attained except on inclement weather days.

### **Staff Wellness**

We had a change in personnel for the REACH Wellness Committee

#### **REACH Wellness Committee**

1. Cristina Hernandez, Nutrition Services Manager
2. Johanna Calmes, Director of Business Operations
3. Kristie Bartleman, Parent
4. McKenzie Carrington, Student
5. Brianna Urias, Staff Member
6. Jaime Perez, Teacher

### **Physical Activity Opportunities and Physical Education**

All physical activity and physical education policies remain the same. REACH is continually monitoring this and ensuring we are succeeding in attaining this goal.

### **Monitoring and Policy Review**

All monitoring and policy review policies remain the same. REACH conducted an assessment on 1/10/22.

### **Non-discrimination statement**

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